

Afterword

Whether you have read this book from cover to cover, or have looked at a chapter or two, we hope that you will return to it often. We would love you to make it your own - scribble notes, thoughts, your stories and ideas. Add what you find is missing. Perhaps you will want to share some parts of the book with colleagues, superiors or those you train or supervise?

Many health workers face enormous personal and professional challenges. We hope this resource helps you in caring for mothers by being able to understand their challenges and circumstances. We also hope it reminds you of all your own wisdom, skills and experience, and how to draw on these. We acknowledge the difficulties in your work and we acknowledge you, the carer, and thank you for what you do.

P.S. We would be grateful if you would send us feedback about how you have used, or not used the book. What was helpful - what was not? What did you need that you didn't see in the book? Has your practice changed as a result of using the book? We would like to improve this book for the next edition, and we need your input. We would love to hear from you, even a few lines of an email or letter would be valuable to us.

Please email info@pmhp.za.org or send mail to **PMHP, 46 Sawkins Road, Building B, Rondebosch, 7700.**

Take care,
Simone Honikman (Director)
and the PMHP team



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